



Verbascos[®]

A granulated, patented and clinically blend extract:
the natural COX-2 selective inhibitor



Verbascoside is a phenylethanoid glycosides.

In vitro and *in vivo* tests shown several biological activities:

- Antimicrobial
- Antioxidant
- Anti-inflammatory
- Antispasmodic

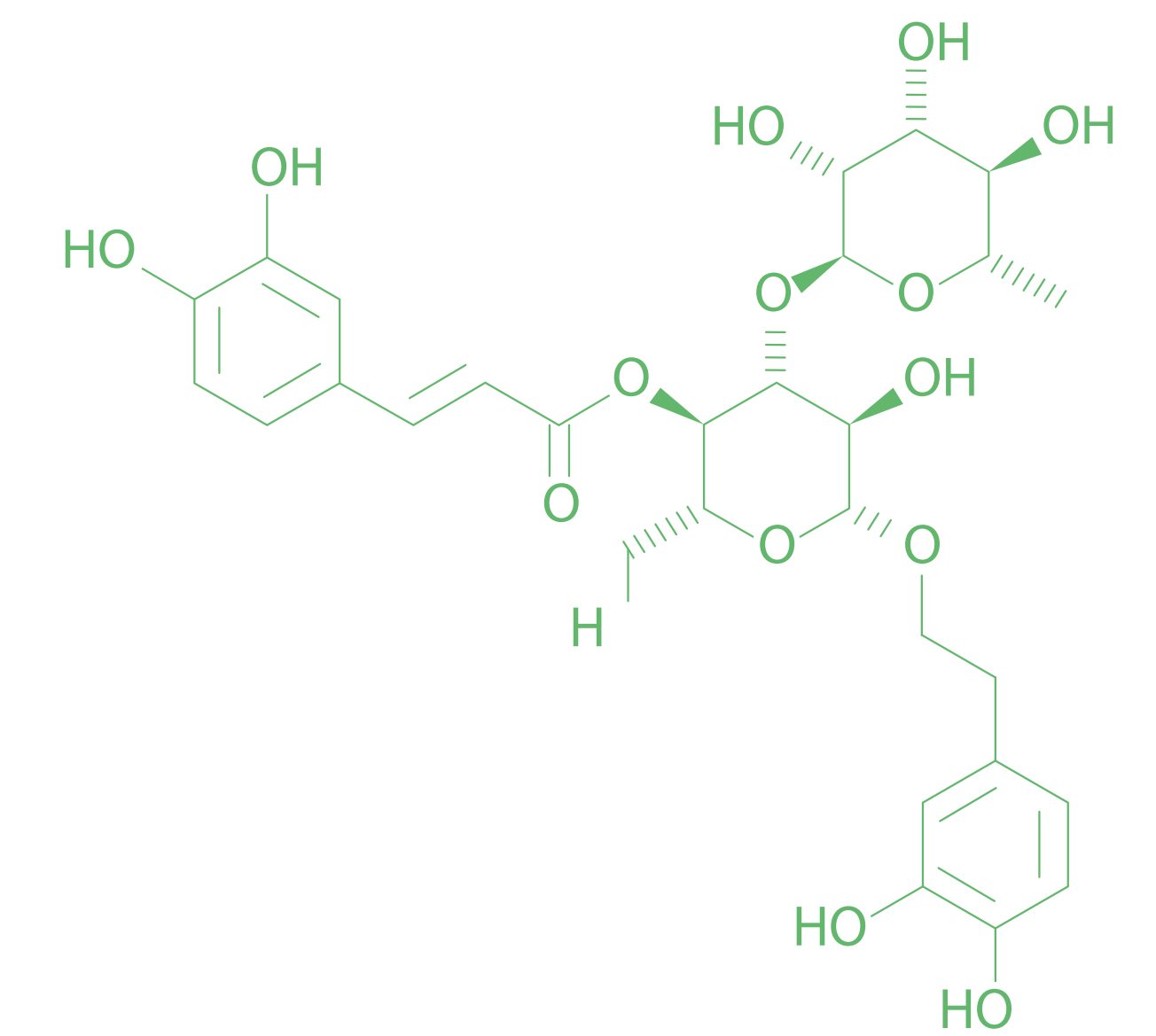


Lippia citriodora



Plantago lanceolata

From the union of Verbena and Plantain a new studied botanical blend titrated in Verbascoside, a phenylethanoid glycosides.



Titred 5% varbascoside and 2% aucubin



Clinically tested



Traditional extraction



Granulated extract



COX-2 INHIBITION

Botanical informations

Lippia citriodora, known even as Verbena is a plant of Lippia genus.

Plantago lanceolata is a very well known plant, found in Europe, western Asia and northern Africa.

Phytocomplex content

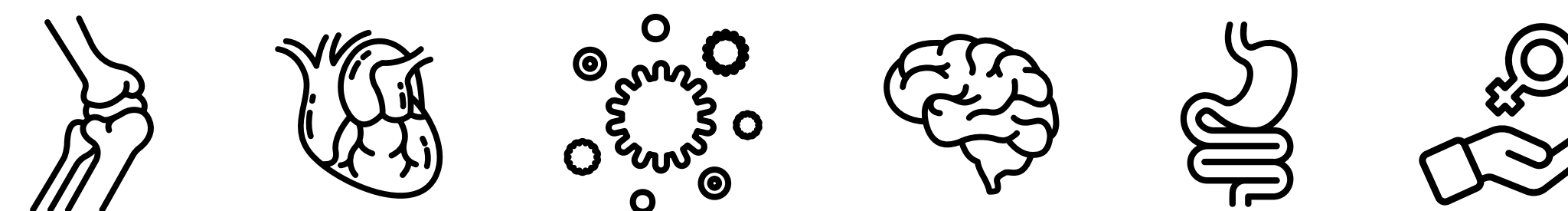
Verbena: is mainly rappedresented by terpenoids and polyphenols like Verbascoside.

Plantago: presents a wide range of molecular families such as flavonoids, polyphenols including Verbascoside, iridois glycosides (aucubin and catalpol).

Phytotherapeutic application

Verbena: The beneficial effects of this plant for human health are very well known to South America indigenous people and to CTM (Chinese Traditional Medicines) that use the plant as treatment for respiratory disease.

Plantago: in Canary islands, this variety of plantain is traditionally used to treat renal and urinary disorders. It has important applications even in respiratory disorders and as anti-inflammatory.





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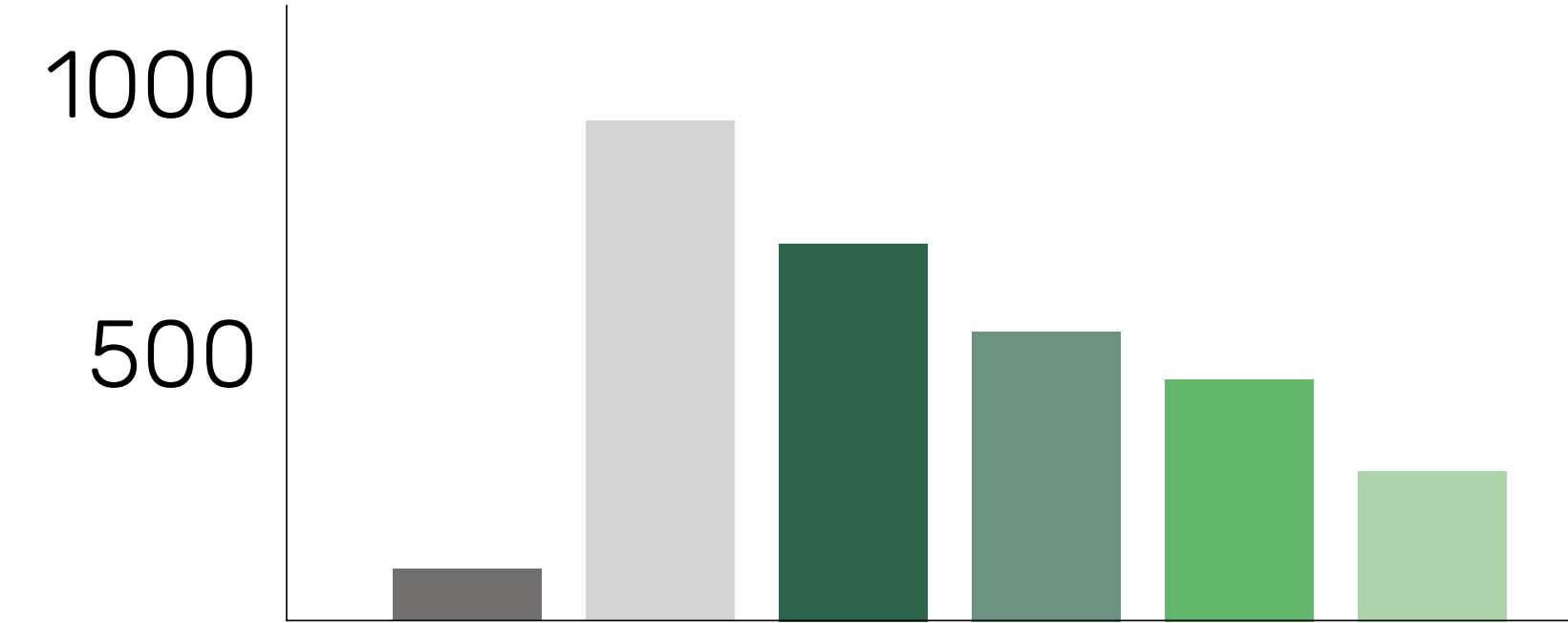
In vitro efficacy

Verbascox® titrated in verbascoside ($\geq 5\%$) and aucubine ($\geq 2\%$).
Cells: Human neutrophiles exposed to LPS.

Orthopedic application

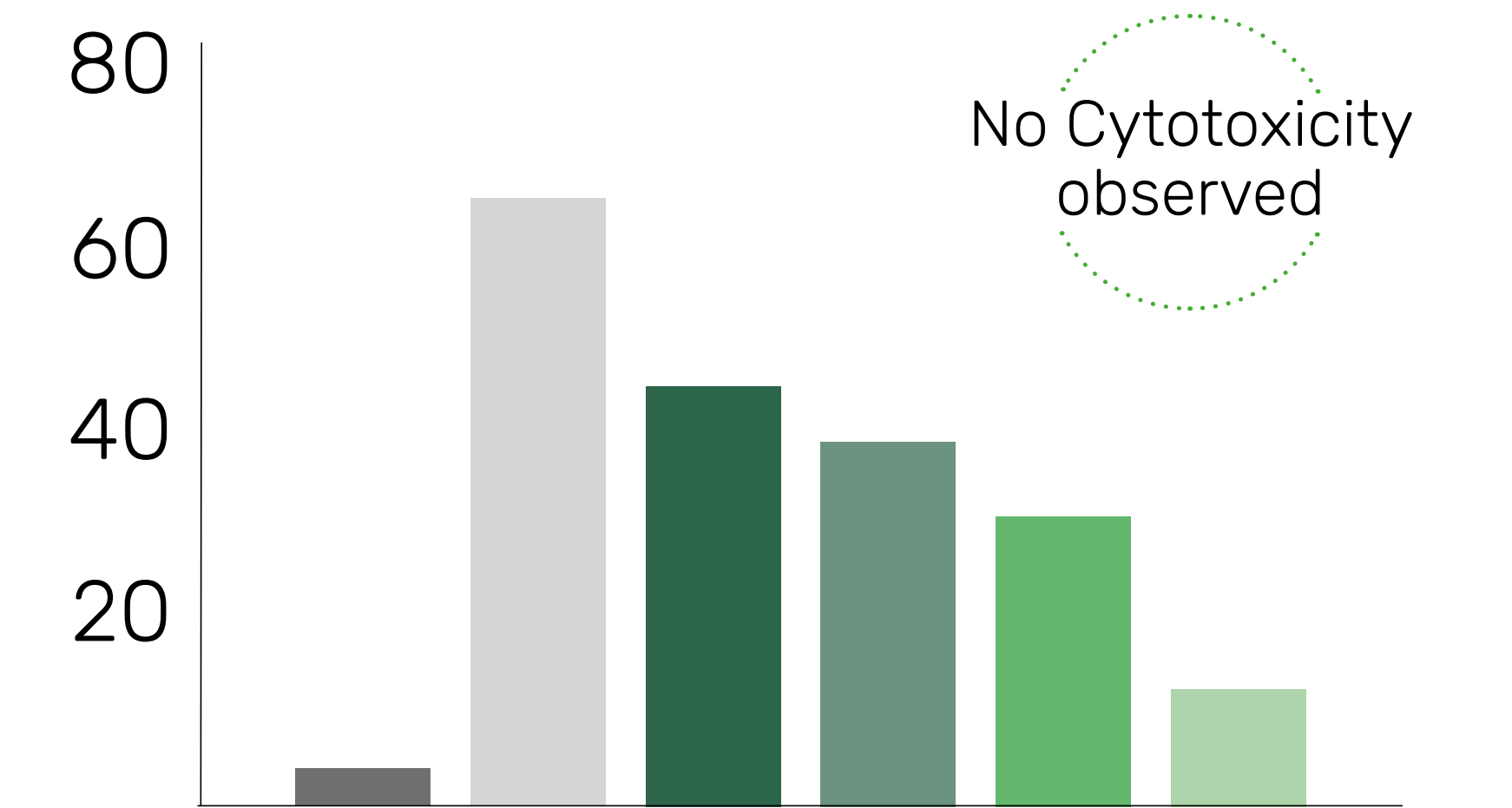
Efficacy and safety comparison between Verbascox®, a branded plant extract that can inhibit the human cyclooxygenase-2, and Celecoxib in patients with knee osteoarthritis.

- | | |
|-------------------------------------|-------------------------------------|
| Control | Cells exposed to LPS + Verbascox 3% |
| Cells exposed to LPS | Cells exposed to LPS + Verbascox 5% |
| Cells exposed to LPS + Verbascox 1% | Cells exposed to LPS + Celecoxib 1% |



COX-2 expression
RT-PCR assay

COX-2 INHIBITION COMPARABLE WITH CELECOXIB



PGE2 concentration
RT-PCR and immunological assays for PGE₂

DOSE DEPENDENT INHIBITION OF PGE2

Clinical Evidences

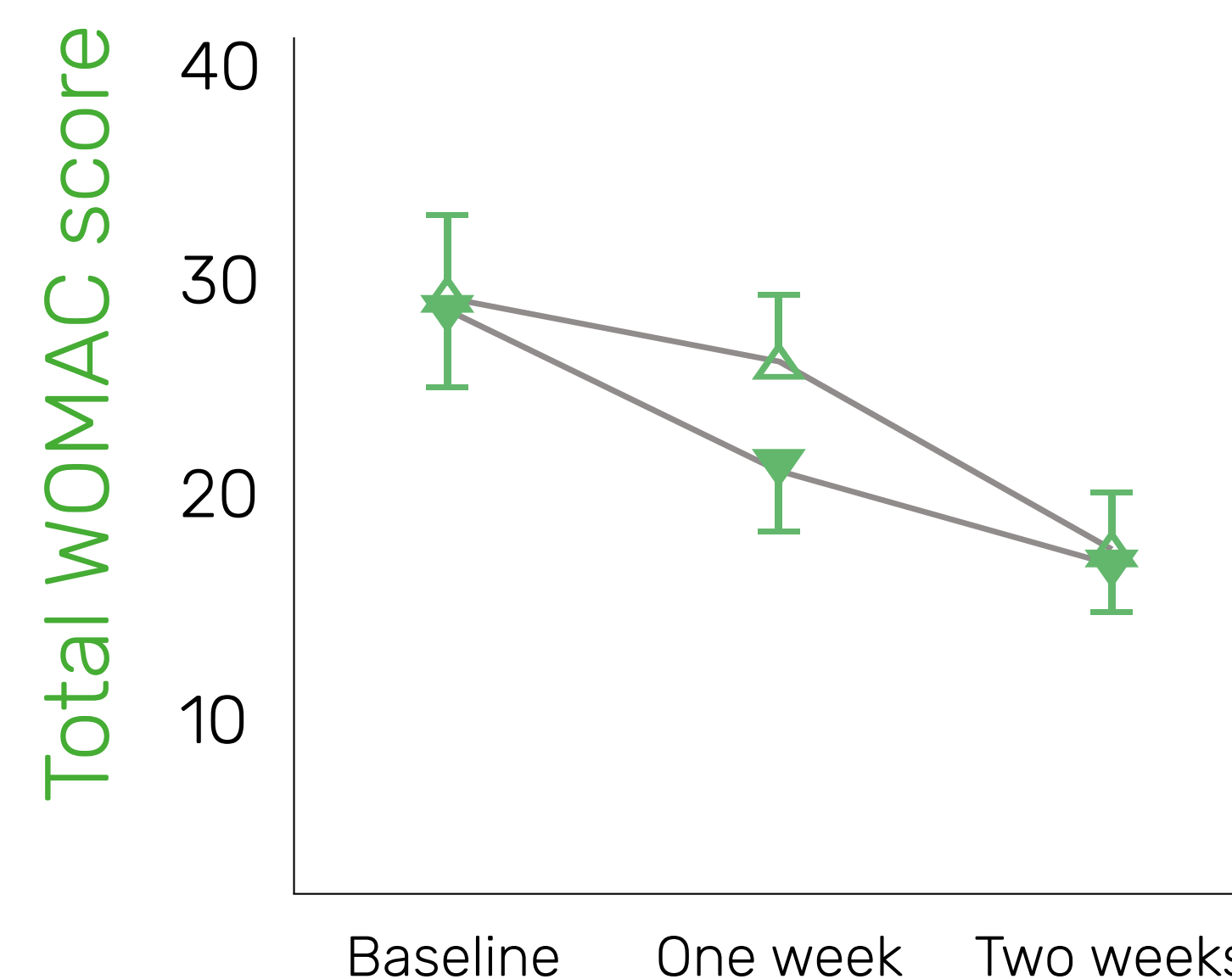
Efficacy and safety comparison between **Verbascox®**, that can inhibit the human cyclooxygenase-2, and Celecoxib in patients with knee osteoarthritis.

- Volunteers: 150 patients**
Conditions:
- Control group (n=50) no treatment
 - Verbascox® group (n=50) 800 mg/day
 - Celecoxib group (n=50) 200 mg/day

- Duration of treatment:**
2 weeks

- Clinical endpoint:**
Evaluation of the pain through the VAS pain score, WOMAC score, serum P substance evaluation.

- Verbascox
- Celecoxib



Conclusions

Oral supplementation with **Verbascox®** (800 mg/day) in patients with mild-to-moderate OA of the knee is as effective and safe as a standard therapeutic dose of celecoxib in terms of pain relief and improvement in functional capacity after a 2-week treatment course, although celecoxib demonstrated a quicker efficacy.